

COVID-19 Guidelines 2022-2023 School Year

Stay home when sick. People with symptoms of infectious illness including COVID-19, influenza, respiratory syncytial virus (RSV) and GI illness should not attend school or work. Staying home when sick lowers the risk of spreading infectious illnesses to others. Promote handwashing and respiratory etiquette.

Requirements for positive individuals must remain out of school for five (5) days from the onset of symptoms or from the date of the positive Covid test. The student or individual should isolate from others in the home.

Those who are symptomatic and awaiting test results should isolate pending test results.

Upon returning to school the student is highly recommended to wear a mask for the next 5 days after isolating for 5 days.

As with any illness, practice great hand washing and other good hygiene practices. Stay home when sick.

- Fever of 100 F or greater
- Cough
- Shortness of breath or difficulty breathing
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell
- Nausea and/or vomiting
- Diarrhea

Any question, call the Health Clinic in your students school.