

LEADERSHIP



WHAT DOES LEADERSHIP MEAN TO A BULLDOG?

BULLDOGS WILL WORK TOGETHER TO GUIDE AND INSPIRE ONE ANOTHER TO REACH THEIR MAXIMUM POTENTIAL TO CREATE A POSITIVE CHANGE.

BHS basketball coaches & captains showed leadership by motivating the players and keeping the team focused. Their guidance and encouragement helped lead the team to win the sectional title.

FAMILY DISCUSSION QUESTIONS:

- Does a leader always have to be at the front of the line, or can they lead from the back by helping others keep up?
- When we see a friend who is sad or left out at recess, how can we lead the group to include them?
- Think of someone in your class who is a good leader. What do they do that makes you want to follow them?

FAMILY CHALLENGE

To practice the physical feeling of leadership, try a quick game of **Mirroring**:

1. Stand face-to-face with your child.
2. One person is the leader and moves their hands and body very slowly.
3. The other is the follower and must match the movements exactly.
4. **The Lesson:** Discuss how the leader has to move in a way that is clear and steady so the follower can actually succeed. If the leader moves too fast or is "tricky," the follower fails.



WE ARE **BULLDOG READY.**